

## POSITIVE V'S NEGATIVE EMOTIONS

POSITIVE EMOTION	NEGATIVE EMOTION
Accepting, Acceptance	Aggressive
Compassion	Aloneness
Complete	Conditional
Contentment	Conflict
Creative	Controlling
Embracing	Cruel
Expansive	Death
Flexible	Defensive
Freedom	Denial
Fun	Deserted
Gentle	Distrust
Happy	Hatred
Honest	Helplessness
Honouring	Indifferent
Joy, Life	Lonely, Loneliness
Loving	Abandonment
Loyal	Manipulative
Worthy	Obsessive
Nurturing	Obstructive
Open	Oppressive, Oppression
Pleasureable	Pain
Respectful	Possessive
Powerful	Power, Powerlessness
Safe	Unsafe
Supportive	Rejection
Trust	Suppression, Untrustworthy
Unconditional	Torture